

SOUTHEAST VALLEY GASTROENTEROLOGY CONSULTANTS, P.C.

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Patient Name: \_\_\_\_\_ Procedure performed by: \_\_\_\_\_

Facility: SE Endo Center/ Chandler Reg. Hospital Date: \_\_\_\_\_ Check In: \_\_\_\_\_ a.m/p.m.

**INSTRUCTIONS FOR EGD**

**MEDICATION INSTRUCTIONS:**

- **Stop taking the following medications FIVE (5) DAYS before your procedure**, unless directed otherwise by your healthcare provider:
  - Supplements such as iron and vitamin E. Multivitamins may be continued.
  - Anti-inflammatory medications such as ibuprofen (Advil, Motrin), naproxen (Aleve, Anaprox, Naprosyn), diclofenac (Arthrotec, Voltaren, Cataflam), oxaprozin (Daypro), piroxicam (Feldene), indomethacin (Indocin), ketoprofen, ketorolac, etodolac (Lodine), meloxicam (Mobic), nabumetone (Relafen), salsalate, sulindac. Tylenol is fine to take if you have discomfort.
  - Medications to thin the blood such as warfarin (Coumadin, Jantoven), clopidogrel (Plavix), ticlopidine (Ticlid), dipyridamole (Persantine, Aggrenox), anagrelide (Agrylin), cilostazol (Pletal), Effient (prasugrel), Xarelto (rivaroxaban) *unless specified otherwise*.
  - Pradaxa is generally stopped 1-5 days prior to a procedure, depending on kidney function. Please discuss with your health care provider when this medication should be held prior to your procedure.
- **OTHER HEART MEDICATIONS** (such as blood pressure medications) should be taken on the day of your procedure with a small sip of water. Medications must be taken at least two hours prior to your check-in time to allow the stomach to empty prior to your procedure.
- Please bring any **INHALERS** that you use with you to your procedure.
- **ASPIRIN THERAPY:** It is okay to continue aspirin 81mg or 325mg daily the week prior to your EGD.

**THE NIGHT BEFORE YOUR TEST:**

- **Nothing to eat or drink after midnight, including water and medications.**
- **A limited exception is made for those patients with afternoon check in times where small amounts of water (less than four ounces) are allowed until \_\_\_\_\_am. (4 hours before check in time.)**
- **If your healthcare provider wants you to take certain medications on the day of the procedure, those medications may be taken with a tiny sip of water up until 2 hours before your check in time.**

**DAY OF PROCEDURE:**

- Please leave valuables at home.
- You will be unable to drive yourself home you must have a close friend/relative present so the physician can speak with them after the procedure and to make sure you arrive home safely. If you arrive on the day of the procedure without an appropriate escort, the procedure will be canceled.

If you have questions regarding a medication not listed above, please contact our office at least one week prior to the EGD.