

SOUTHEAST VALLEY GASTROENTEROLOGY CONSULTANTS, P.C.

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MEDICATION INSTRUCTIONS:

• **Stop taking the following medications FIVE (5) DAYS before your procedure, unless directed otherwise by your healthcare provider:**

o Supplements such as iron and vitamin E. Multivitamins may be continued.

o Anti-inflammatory medications such as ibuprofen (Advil, Motrin), naproxen (Aleve, Anaprox, Naprosyn), diclofenac (Arthrotec, Voltaren, Cataflam), oxaprozin (Daypro), piroxicam (Feldene), indomethacin (Indocin), ketoprofen, ketorolac, etodolac (Lodine), meloxicam (Mobic), nabumetone (Relafen), salsalate, sulindac. Tylenol is fine to take if you have discomfort.

o Medications to thin the blood such as warfarin (Coumadin, Jantoven), clopidogrel (Plavix), ticlopidine (Ticlid), dipyridamole (Persantine, Aggrenox), anagrelide (Agrylin), cilostazol (Pletal), Effient (prasugrel), Xarelto (rivaroxaban) *unless specified otherwise*.

o Pradaxa is generally stopped 1-5 days prior to a procedure, depending on kidney function. Please discuss with the prescribing physician when this medication should be held prior to your procedure.

• **DIABETIC MEDICATIONS:**

See attached sheet.

• **OTHER HEART MEDICATIONS** (such as blood pressure medications) should be taken on the day of your procedure with a small sip of water. Medications must be taken at least two hours prior to your check-in time to allow the stomach to empty prior to your procedure.

• Please bring any **INHALERS** that you use with you to your procedure.

• **ASPIRIN THERAPY:** It is okay to continue aspirin 81mg or 325mg daily the week prior to your colonoscopy.

• **Consider use of barrier cream such as Calmoseptine or Preparation H to prevent irritation during bowel prep.**

DAY OF YOUR PROCEDURE:

- Please leave valuables at home.
- You will be unable to drive yourself home. You **MUST** have a close friend/relative present so the physician can speak with them after the procedure and to make sure you arrive home safely. . If you arrive on the day of the procedure without an appropriate escort, the procedure will be canceled. **(For those patients with special transportation needs, please check with our office staff on options.)**

If you have questions regarding a medication not listed above, please contact our office at least one week prior to the colonoscopy.