

Diabetic Instructions	
Tablets	<p><u>Day BEFORE the procedure:</u> On the morning of the prep day take HALF of your diabetic medications. On the evening of the prep day Do NOT take any medications.</p> <p><u>Day OF the procedure:</u> Do NOT take any diabetic medication until after procedure with food intake.</p>
Short/Rapid Acting Insulin (Humalog, Novolog, Apidra, Humulin R, Novolin R)	<p><u>Day BEFORE the procedure:</u> DO NOT take rapid acting insulin on prep day.</p> <p><u>Day OF the procedure:</u> Do NOT take any diabetic medication until after procedure with food intake.</p>
NPH and Combination Insulin (NPH, Novolin N, Humulin N, 50/50, 70/30)	<p><u>Day BEFORE the procedure:</u> On the morning of the prep day take HALF of short acting insulin. On the evening of prep day DO NOT take any medication.</p> <p><u>Day OF the procedure:</u> Procedure needs to be done in the morning. Do NOT take insulin in the morning until after procedure and food intake.</p>
Long Acting Insulin (Lantus, Levemir)	<p><u>Day BEFORE the procedure:</u> Take NORMAL dose of long acting insulin at bedtime.</p> <p><u>Day OF the procedure:</u> Procedure needs to be done in the morning. Do NOT take insulin in the morning until after procedure and food intake.</p>
Insulin Pump	<p>Please contact your Endocrinologist regarding instructions/management of insulin pump on prep day and procedure day. If unable to reach them use the instructions below:</p> <p><u>Day BEFORE and day OF the procedure:</u> Reduce Basal rate by 50%. Adjust bolus dose per sliding scale/carbohydrate counting. Procedure needs to be done in the morning.</p>
General Instructions	<p>Check glucose at home every 4 hours on prep day, at bedtime and morning of procedure.</p> <p>*If low blood sugar reading (<80): Drink 4 ounces of clear liquid such as Regular Sprite/7UP, apple juice, white grape juice up until 4 hours prior to procedure.</p> <p>*If high blood sugar reading (>200): Use sliding scale insulin.</p>