

Diabetic Instructions	
Tablets	<p><u>Day BEFORE the procedure:</u> On the morning of the prep day take HALF of your diabetic medications. On the evening of the prep day Do NOT take any medications.</p> <p><u>Day OF the procedure:</u> Do NOT take any diabetic medication until after procedure with food intake.</p>
Short/Rapid Acting Insulin (Humalog, Novolog, Apidra, Humulin R, Novolin R)	<p><u>Day BEFORE the procedure:</u> DO NOT take rapid acting insulin on prep day.</p> <p><u>Day OF the procedure:</u> Do NOT take any diabetic medication until after procedure with food intake.</p>
NPH and Combination Insulin (NPH, Novolin N, Humulin N, 50/50, 70/30)	<p><u>Day BEFORE the procedure:</u> On the morning of the prep day take HALF of short acting insulin. On the evening of prep day DO NOT take any medication.</p> <p><u>Day OF the procedure:</u> Procedure needs to be done in the morning. Do NOT take insulin in the morning until after procedure and food intake.</p>
Long Acting Insulin (Lantus, Levemir)	<p><u>Day BEFORE the procedure:</u> Take NORMAL dose of long acting insulin at bedtime.</p> <p><u>Day OF the procedure:</u> Procedure needs to be done in the morning. Do NOT take insulin in the morning until after procedure and food intake.</p>
Insulin Pump	<p>Please contact your Endocrinologist regarding instructions/management of insulin pump on prep day and procedure day. If unable to reach them use the instructions below:</p> <p><u>Day BEFORE and day OF the procedure:</u> Reduce Basal rate by 50%. Adjust bolus dose per sliding scale/carbohydrate counting. Procedure needs to be done in the morning.</p>
General Instructions	<p>Check glucose at home every 4 hours on prep day, at bedtime and morning of procedure.</p> <p>*If low blood sugar reading (<80): Drink 4 ounces of clear liquid such as Regular Sprite/7UP, apple juice, white grape juice up until 4 hours prior to procedure.</p> <p>*If high blood sugar reading (>200): Use sliding scale insulin.</p>

SOUTHEAST VALLEY GASTROENTEROLOGY CONSULTANTS, P.C.

CHARLES M. SCHRON MD • G. ALAN BRACHER MD • MANISH G. AMIN MD • SANDEEP C. PATEL MD • YATIN R. PATEL MD
TINA M. DVOREN-BAKER NP-C • CHRISTINA F. MORGAN PA-C • MOLLY A. WYANT PA-C
875 S. Dobson Rd. Chandler, AZ 85224
480-899-9800

MEDICATION INSTRUCTIONS:

- **Stop taking the following medications FIVE (5) DAYS before your procedure**, unless directed otherwise by your healthcare provider:
 - Supplements such as iron and vitamin E. Multivitamins may be continued.
 - Anti-inflammatory medications such as ibuprofen (Advil, Motrin), naproxen (Aleve, Anaprox, Naprosyn), diclofenac (Arthrotec, Voltaren, Cataflam), oxaprozin (Daypro), piroxicam (Feldene), indomethacin (Indocin), ketoprofen, ketorolac, etodolac (Lodine), meloxicam (Mobic), nabumetone (Relafen), salsalate, sulindac. Tylenol is fine to take if you have discomfort.
 - Medications to thin the blood such as warfarin (Coumadin, Jantoven), clopidogrel (Plavix), ticlopidine (Ticlid), dipyridamole (Persantine, Aggrenox), anagrelide (Agrylin), cilostazol (Pletal), Effient (prasugrel), Xarelto (rivaroxaban) *unless specified otherwise*.
 - Pradaxa is generally stopped 1-5 days prior to a procedure, depending on kidney function. Please discuss with the prescribing physician when this medication should be held prior to your procedure.
- **DIABETIC MEDICATIONS:**
 - On the MORNING OF YOUR PREP DAY, take half of your usual diabetic medications.
 - On the EVENING OF YOUR PREP DAY, do not take any diabetic medications.
 - On the MORNING OF YOUR PROCEDURE DAY, do not take any diabetic medications.
- **OTHER HEART MEDICATIONS** (such as blood pressure medications) should be taken on the day of your procedure with a small sip of water. Medications must be taken at least two hours prior to your check-in time to allow the stomach to empty prior to your procedure.
- Please bring any **INHALERS** that you use with you to your procedure.
- **ASPIRIN THERAPY:** It is okay to continue aspirin 81mg or 325mg daily the week prior to your colonoscopy.

If you have questions regarding a medication not listed above, please contact our office at least one week prior to the colonoscopy.

REMINDER: Nothing by mouth 4 hours before your check-in time
