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| **Diabetic Instructions** |  |
| Tablets | Day BEFORE the procedure:  On the morning of the prep day take HALF of your diabetic medications.  On the evening of the prep day Do NOT take any medications.  Day OF the procedure:  Do NOT take any diabetic medication until after procedure with food intake. |
| Short/Rapid Acting Insulin  (Humalog, Novolog, Apidra, Humulin R, Novolin R) | Day BEFORE the procedure:  DO NOT take rapid acting insulin on prep day.  Day OF the procedure:  Do NOT take any diabetic medication until after procedure with food intake. |
| NPH and Combination Insulin  (NPH, Novolin N, Humulin N, 50/50, 70/30) | Day BEFORE the procedure:  On the morning of the prep day take HALF of short acting insulin. On the evening of prep day DO NOT take any medication.  Day OF the procedure:  Procedure needs to be done in the morning.  Do NOT take insulin in the morning until after procedure and food intake. |
| Long Acting Insulin  (Lantus, Levemir) | Day BEFORE the procedure:  Take NORMAL dose of long acting insulin at bedtime.  Day OF the procedure:  Procedure needs to be done in the morning.  Do NOT take insulin in the morning until after procedure and food intake. |
| Insulin Pump | **Please contact your Endocrinologist regarding instructions/management of insulin pump on prep day and procedure day. If unable to reach them use the instructions below:**  Day BEFORE and day OF the procedure:  Reduce Basal rate by 50%.  Adjust bolus dose per sliding scale/carbohydrate counting.  Procedure needs to be done in the morning. |
| General Instructions | Check glucose at home every 4 hours on prep day, at bedtime and morning of procedure.  \*If low blood sugar reading (<80): Drink 4 ounces of clear liquid such as Regular Sprite/7UP, apple juice, white grape juice up until 4 hours prior to procedure.  \*If high blood sugar reading (>200): Use sliding scale insulin. |