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| **Diabetic Instructions** |  |
| Tablets | Day BEFORE the procedure: On the morning of the prep day take HALF of your diabetic medications. On the evening of the prep day Do NOT take any medications. Day OF the procedure: Do NOT take any diabetic medication until after procedure with food intake. |
| Short/Rapid Acting Insulin (Humalog, Novolog, Apidra, Humulin R, Novolin R) | Day BEFORE the procedure: DO NOT take rapid acting insulin on prep day.Day OF the procedure: Do NOT take any diabetic medication until after procedure with food intake. |
| NPH and Combination Insulin(NPH, Novolin N, Humulin N, 50/50, 70/30) | Day BEFORE the procedure:On the morning of the prep day take HALF of short acting insulin. On the evening of prep day DO NOT take any medication. Day OF the procedure:Procedure needs to be done in the morning.Do NOT take insulin in the morning until after procedure and food intake.  |
| Long Acting Insulin(Lantus, Levemir) | Day BEFORE the procedure:Take NORMAL dose of long acting insulin at bedtime.Day OF the procedure:Procedure needs to be done in the morning.Do NOT take insulin in the morning until after procedure and food intake.  |
| Insulin Pump  | **Please contact your Endocrinologist regarding instructions/management of insulin pump on prep day and procedure day. If unable to reach them use the instructions below:**Day BEFORE and day OF the procedure:Reduce Basal rate by 50%.Adjust bolus dose per sliding scale/carbohydrate counting. Procedure needs to be done in the morning. |
| General Instructions | Check glucose at home every 4 hours on prep day, at bedtime and morning of procedure. \*If low blood sugar reading (<80): Drink 4 ounces of clear liquid such as Regular Sprite/7UP, apple juice, white grape juice up until 4 hours prior to procedure.\*If high blood sugar reading (>200): Use sliding scale insulin.  |